



BODY TREATMENT

KESA RELEASE MASSAGE (BARAY SPA SIGNATURE) - 90 MINS	2,800 BAHT
Head, back and shoulders massage. Ideal for relieving stress and muscle tension.	
<i>Special offer:</i> Afternoon Tea with Mango Sticky Rice OR Banana Fritter with Vanilla Ice cream at Sawasdee Thai Cuisine.	
THAI HERBAL STEAM - 30 MINS	500 BAHT
Ideal for improving blood circulation. Recommended before a massage.	
VICHY SHOWER - 30 MINS	500 BAHT
Water jets alternating between hot and cold, stimulating blood circulation. Recommended before a massage.	
HEAD, BACK AND SHOULDER MASSAGE - 40 MINS	1,100 BAHT
Focussing on the head, back and shoulders to relieve tension.	
FOOT REFLEXOLOGY - 70 MINS	1,300 BAHT
A deep foot & hand massage followed by a relaxing head massage.	
TRADITIONAL THAI MASSAGE - 70 MINS	1,300 BAHT
A combination of traditional Thai massage and pressure points (no oil) to relax tensed muscles.	
ORIENTAL THAI MASSAGE - 70 MINS	1,800 BAHT
A combination of Thai massage and deep stretching with aroma oil to relieve muscle stiffness.	
SWEDISH MASSAGE - 70 MINS	1,800 BAHT
Select your favourite The Baray oil blend to pair with this invigorating massage to stimulate blood flow.	
HOT HERBAL COMPRESS MASSAGE - 90 MINS	2,200 BAHT
Aromatic hot herbal compress followed by a Thai massage. Perfect for alleviating sore muscles.	
AROMATHERAPY MASSAGE - 90 MINS	2,600 BAHT
A calming massage with your choice of Baray Spa oil blend.	
AROMATHERAPY HOT COMPRESS MASSAGE - 90 MINS	2,800 BAHT
An oil massage followed by hot herbal compress. To relax muscles, and improve blood circulation.	
ALOE VERA SUN SOOTHER - 90 MINS	2,800 BAHT
Sun-soothing body wrap followed with a hydrating oil massage. Perfect after a day in the sun!	

BODY EXFOLIATE & BODY WRAP 50 MINS

Designed to exfoliate dead skin cells and stimulate cell renewal, leaving your skin soft and supple. Recommended to follow with a full-body massage.

ANCIENT THAI HERBAL SCRUB	1,200 BAHT
A mixture of cinnamon, plai, turmeric and jasmine rice.	
SEA SALT SCRUB	1,200 BAHT
A blend of sea salt with aromatherapy oils.	
COFFEE SCRUB	1,200 BAHT
A combination of Arabica coffee and Thai herbs.	
BLACK SESAME SCRUB	1,200 BAHT
A gentle black sesame scrub containing natural antioxidants.	
YOGHURT & HONEY BODY WRAP	1,300 BAHT
A nourishing body wrap to moisturise your skin. A head massage is included during the treatment.	

FACIAL TREATMENT

NATURAL THAI FACIAL - 60 MINS	2,100 BAHT
Natural ingredients such as cucumber, honey and herbal extract for gentle exfoliation.	
RE-HYDRATING FACIAL - 60 MINS	2,100 BAHT
Aloe vera extract and rose water to hydrate skin and reduce inflammation and sunburn.	
REBALANCING FACIAL - 60 MINS	2,100 BAHT
Deep sea mud, aloe vera extract, rose and lavender water to absorb excess oil and rebalance your skin.	
SENSITIVE SKIN FACIAL - 60 MINS	2,100 BAHT
Hydrogel sheet from pure natural cellulose and essential oils to moisturise and reduce inflammation and sunburns.	
REJUVENATING FACIAL - 70 MINS	2,600 BAHT
Spirulina and matcha powder with essential oils to encourage healing for a rejuvenated skin.	
OXYGENATING & FIRMING FACIAL - 70 MINS	2,600 BAHT
Pink roselle extract and essential oils to help lighten the skin and fade blemishes.	

SPA PACKAGES

THE BARAY TOTAL HARMONY (2 HRS 40 MINS) 3,800 BAHT

Warm herbal tea and foot bath.....	10 mins
Thai herbal steam.....	30 mins
Choice of body scrub.....	30 mins
Swedish massage.....	90 mins

THE BARAY RETREAT (2 HRS 40 MINS) 4,000 BAHT

Warm herbal tea and foot bath.....	10 mins
Thai herbal steam.....	30 mins
Swedish massage.....	60 mins
Choice of facial.....	60 mins

AFTER SUN SOOTHING (2 HRS 40 MINS) 4,200 BAHT

Recommended after sunbathing.

Warm herbal tea and foot bath.....	10 mins
Aloe vera body wrap.....	40 mins
After sun massage.....	60 mins
Rehydrating facial.....	50 mins

THE BARAY BLISS (3 HRS 30 MINS) 4,800 BAHT

Warm herbal tea and foot bath.....	10 mins
Thai herbal steam.....	30 mins
Choice of body scrub.....	30 mins
Choice of body massage.....	80 mins
Choice of facial.....	60 mins

HONEYMOON SPA (4 HRS) 9,800 BAHT PER COUPLE

The Royal Thai experience for two.

Warm herbal tea and foot bath.....	10 mins
Thai herbal steam.....	30 mins
Thai herbal & turmeric body scrub.....	30 mins
Milky turmeric body wrap.....	30 mins
Floral milky bath.....	20 mins
Choice of body massage.....	70 mins
Choice of facial.....	50 mins

Included in the Honeymoon Spa package:

Mixed fruit platter, Thai herbal tea and fresh young coconut.
Enjoy a Thai set dinner for two & a bottle of house wine at Sawasdee Thai Cuisine, valued at 2,250 Baht.

THE BARAY RE-BALANCE (3 HRS 40 MINS) 4,500 BAHT

A complete head-to-toe package.

Warm herbal tea and foot bath.....	10 mins
Thai herbal steam.....	30 mins
Signature Kesa massage.....	60 mins
Hair Treatment.....	30 mins
Foot reflexology.....	30 mins
Thai massage.....	60 mins

THE BARAY RELAXATION (3 HRS 40 MINS) 5,000 BAHT

Warm herbal tea and foot bath.....	10 mins
Thai herbal steam.....	30 mins
Choice of body massage.....	60 mins
Choice of facial.....	60 mins
Foot reflexology.....	60 mins

THE BARAY MADE IN HEAVEN (4 HRS 10 MINS) 5,500 BAHT

The ultimate pampering experience!

Warm herbal tea and foot bath.....	10 mins
Signature "Kesa" massage.....	30 mins
Hair treatment.....	30 mins
Vichy shower.....	15 mins
Choice of body massage.....	75 mins
Foot reflexology.....	30 mins
Choice of facial.....	60 mins

SPA LOVERS PROMOTION - 5,900 BAHT

Enjoy a Thai set menu and banana fritter with vanilla ice cream at Sawasdee Thai Cuisine, valued at 770 Baht.

Deposit & Cancellation:

Deposit & Cancellation: 100% deposit, appointments cancelled within less than 9 hours notice will incur a full charge of the deposit. Appointments cancelled with more than 9 hours' notice will be refunded - the customer is responsible for any bank fees that may occur. For group reservations of 4 or more people, the cancellation notice time is 48 hours.

Disclaimer:

Please note that for medical reasons, we do not provide any treatment for customers in their first trimester of pregnancy. We also advise against receiving foot massage, strong massages, steam & sauna treatments, vichy shower and certain essential oils during the whole pregnancy. Treatments can be adjusted to prenatal variations and recommendations will be discussed during the consultation session.

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